

(Free and download) Choices: Making a Good Move to a Retirement Community

Choices: Making a Good Move to a Retirement Community

Heather M. Young, Rheba de Tornyay
*ePub | *DOC | audiobook | ebooks | Download PDF*

 Download

 Read Online

#9445271 in Books 1995-01-01 Original language: English PDF # 1 .34 x 5.99 x 9.02l, .49 #File Name:
1556422911144 pages | File size: 63.Mb

Heather M. Young, Rheba de Tornyay : Choices: Making a Good Move to a Retirement Community before purchasing it in order to gauge whether or not it would be worth my time, and all praised Choices: Making a Good Move to a Retirement Community:

More and more older adults are seeking alternatives to their present living arrangements. Retirement communities and assisted living complexes are options that offer the privacy and support to help you, the older adult, remain independent for as long as possible. Choices describes the process of moving. It is based on the experiences of older adults who have successfully relocated. As you mature, your needs will change. You eventually may decide to free yourself from the responsibilities and upkeep of your home and demanding lifestyle. Choices helps you weigh your options and plan for your future.

About the Author Heather M. Young PhD, ARNP, is a gerontological nurse practitioner with an extensive background in working with older adults. In her role as clinician, researcher, and administrator, she has developed an appreciation for the complexity of choices older adults face in regard to where they should live. She has been able to apply her research and clinical knowledge towards the day-to-day concerns of both residents and staff of retirement communities. Rheba de Tornyay EdD, RN, offers 40 years of experience in nursing practice and as a nurse educator.

She is a member of the National Advisory Council of the San Francisco Institute on Aging, a Trustee of the Robert Wood Johnson Foundation and co-chair of the University of Washington Retirement Association Housing Facility Committee. A senior herself, she brings firsthand experience to the process and feelings involved in making a decision to part with possessions and move.